



News from Watten ELC – March 2022

This term children have been learning all about food. This interest started with children taking part in shop roleplay. We collected lots of bottles, food boxes etc. and children were sorting them into groups for putting on the shelves. They were making price labels, exploring money when paying for their groceries and talking about the colour/size of the coins as they sorted and matched them. Some children were sharing their experiences of what money is used for e.g. “We can buy bread and chocolate spread”; “For shopping, for food and to buy slippers”; “For paying for fuel”.





Children then went on to have a café and this provided lots of opportunities for literacy and numeracy with children making menus, using notebooks to take orders, counting how many playdough cookies they made, using timers when baking their cakes etc. Staff realized that children did not have much experience of eating out so we arranged for them to visit the local hotel for their snack. Children were all so excited to be there and to experience what a real café was like.



This interest has given children a good understanding of which foods are healthy and those that are not. Activities included making a poster of “always” and “sometimes” foods and making an “Eatwell” plate for displaying on our Health and Wellbeing wall. Children have also been counting how many pieces of fruit they have at snack time and recording it on our Healthy Eating Tree.

Children have also been finding out where food comes from and they made soda bread by hand as well as making bread in the breadmaker. We have extended this interest by having a tasting session with breads from different countries and children have recorded their likes and dislikes onto a graph.