

Bath time Activities



Bath times offer a unique opportunity for fun and learning together as you chat with your child and explore the water.



Move the slides along for ideas that give other opportunities for sensory play in the bath!



All bath-time activities **must** be continually supervised by an adult.

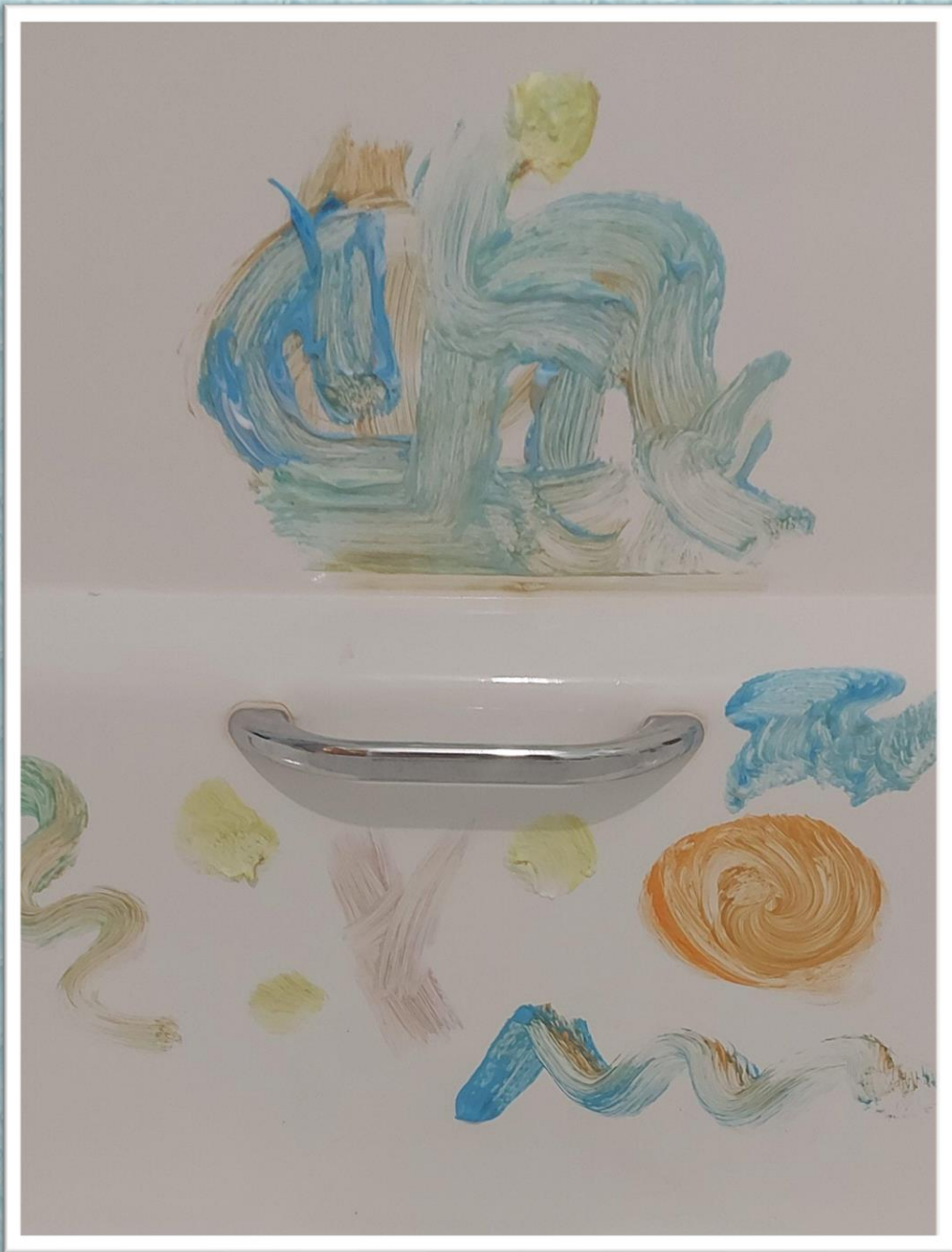
Bath Painting



Use a tiny wee bit of washable children's paint and mix with shaving foam.

Use a paintbrush to make marks on the side of the bath. Mark making is a key stage in developing literacy skills.

(Please use washable paint sparingly and check before using widely)



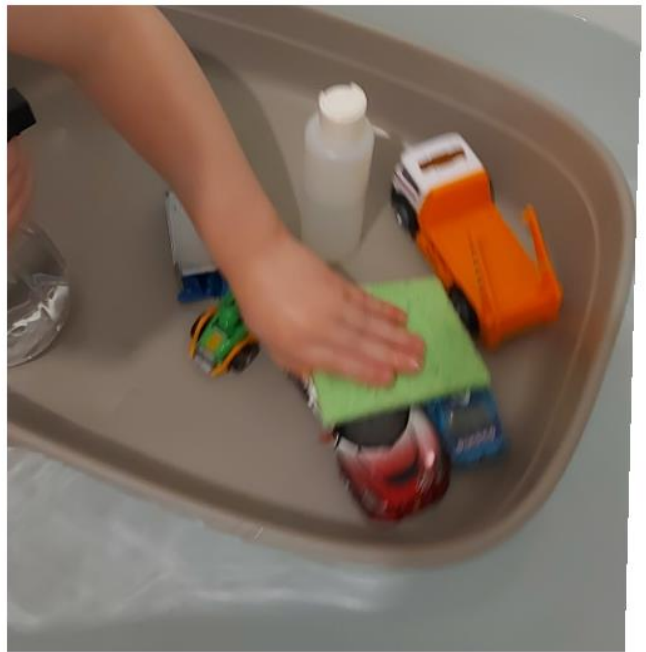
Colour-themed bath-times



Have different colour themed baths by finding objects that are a certain colour and are able to go into the bath. You could even add different coloured children's bath bombs to colour the water!

(Be aware of skin allergies and sensitive skin.)

Your child will enjoy learning to recognise colours and different textures of materials. They could even investigate what objects are waterproof!



Car Wash

Bringing other toys into the bath, not only gives opportunities for the toys to be cleaned, but also sets the scene for imaginary play e.g. at the car wash, or giving a baby doll a bath.

As they care for their toys, children are learning responsibility and are using different muscles as they scrub, polish and rub. Spray bottles are particularly good for strengthening finger muscles!

Filling * Pouring * Measuring



Gather an variety of bottles of different sizes and shapes and take them into the bath.



As your child fills the bottles and pours from them, they are exploring early maths concepts such as measuring, volume and capacity.

As they play, they will be developing their fine and gross motor skills.

Perhaps they will make some smoothies for you to 'drink' as part of imaginary play!

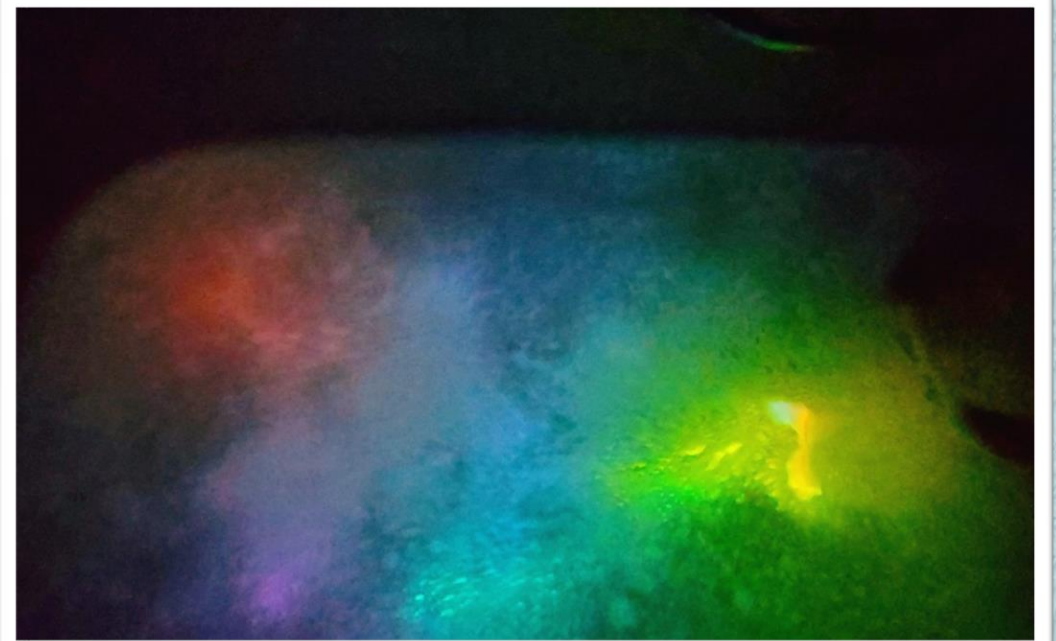
Water Funnels



Cutting old bottles (and securing the edge of them with sticky tape), creates fantastic funnels which add another dimension to measuring, pouring and water play.

Exploring light

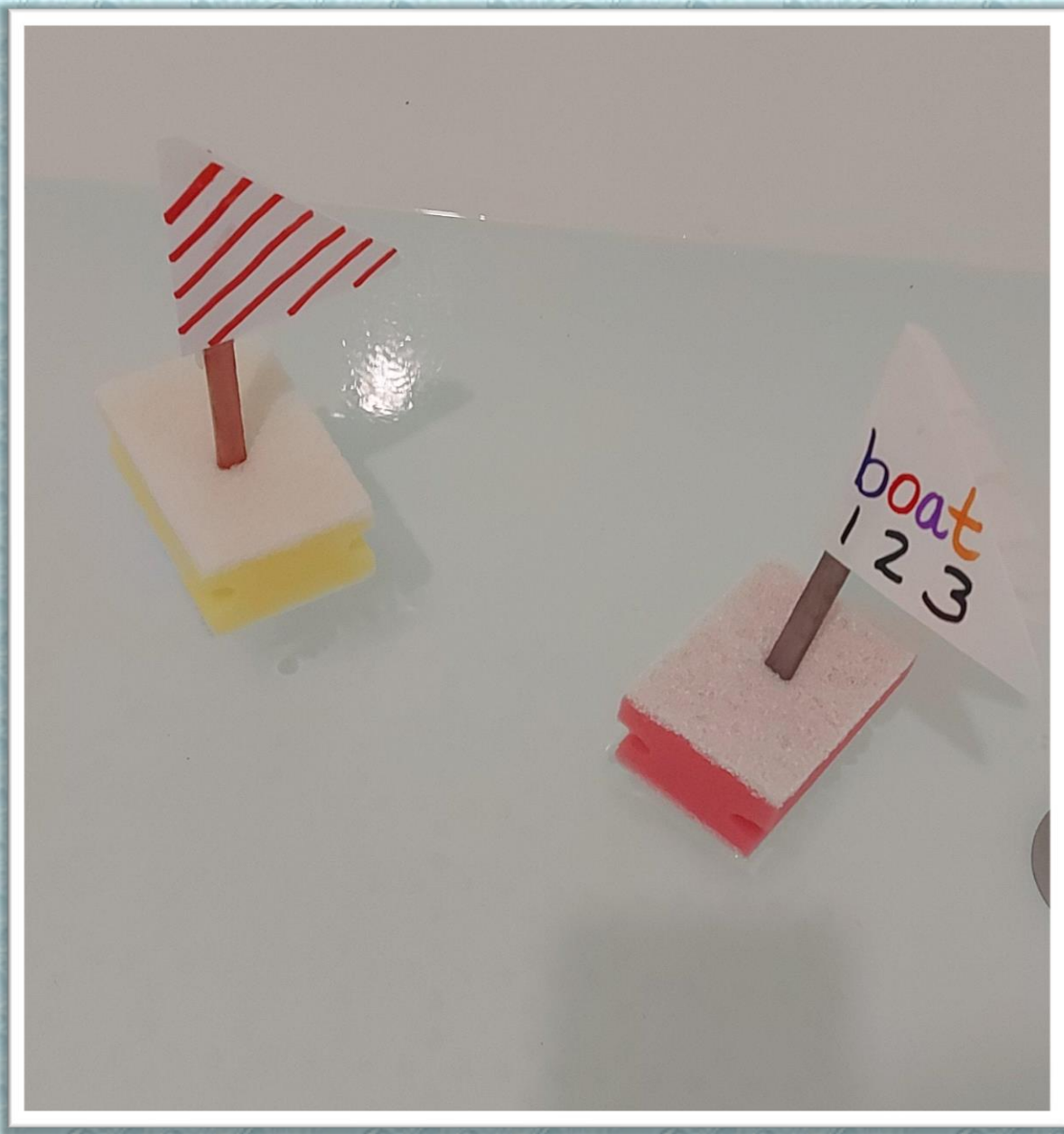
Glow-sticks and bubbles in the bath gives a different sensory bath-time experience! Turn off the lights and look at the colours together and explore how different movements affect the colour.



Boat Races

Before bath-time make some boats together using household items such as a sponge, or clean tub, lollipop stick and a sail.

Use the boat in imaginary play or to have family races!



Water Balloons

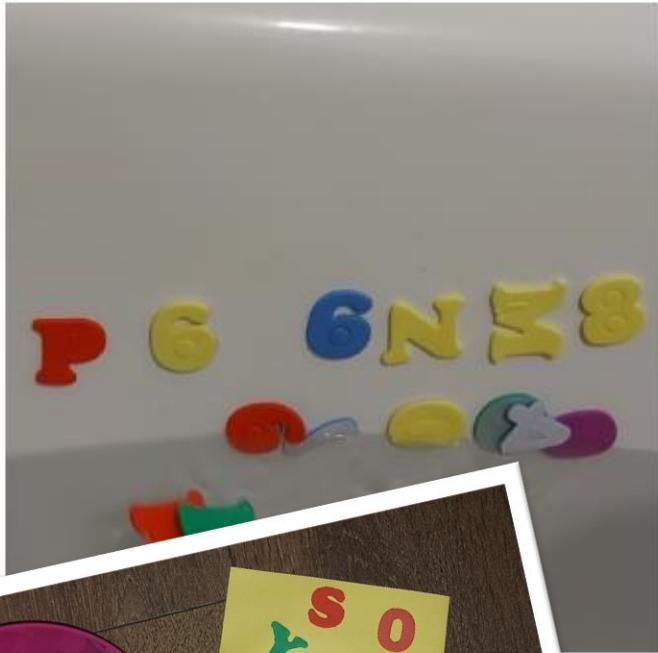


Fill some water balloons with water.
Blow some up with air. Make them
different sizes.

Chat about how they feel, how they
move about your hands and how
heavy they are. Introduce colour,
size and shape vocabulary.

Watch together and explore how
some balloons float, while others
sink.

Foam Art & Writing



Introduce foam letters and numbers into the bath. They will temporarily stick to the bath when wet and can be re-used the next day, once dry, in pictures. Activities like this help to develop children's awareness of early literacy and numeracy. As this develops, your child may make take an interest in finding their initial or letters in their name or their age.

Singing in the Bath

- ♪ Row, Row, Row the Boat
- ♪ I Had a Little Turtle
- ♪ 5 Little Ducks
- ♪ 1,2,3,4,5 Once I Caught A Fish Alive
- ♪ 5 Little Speckle Frogs
- ♪ Down in the Jungle

Bath time is another opportunity to sing together! Here's a list of some water-themed songs to get started with!

Look at the Bookbug Song & Rhyme Library for words and more suggestions, but it can be fun to make your own up too!