

Gloop

Equipment

- 2 cups of cornflour
- 1 cup of water
- **Pour the cornflour into a bowl or tray with sides. Add the cold water slowly. It should be mixed to a creamy consistency. You may need to add more cornflour/water.**

Instructions

Cover table and protect your child's clothes. (However, the gloop will brush off clothing as a dry powder.)

The resulting solution is fascinating to play with. Push fingers into it and see how it changes, swirl it and move it around.

Try making a mound with the gloop.

Pick the gloop up in your fingers as a mouldable substance and watch it flow back into the tray.

Let your child experiment with it.



Variations

Change the texture of the gloop by adding glitter, oatmeal, colourings or scented flavourings.

If your child does not like the feel of the gloop, put it into a zipped polythene bag and let her explore making marks with her fingers.



benefits

- Physical – developing hand skills and hand/eye coordination. Experiencing various textures.
- Other – encouraging creativity and imagination, and time for relaxation. Learning new words.