



Child Protection Bulletin for Keeping Children Safe



Issue 7 February 2020

Welcome to the 7th edition of our Child Protection Bulletin.

New E Learning Modules Available

The following new modules are available at no cost on CALA's E Learning Zone – just [click here](#) for further information.



Supporting Activity and Wellbeing: this module combines key aspects from two training programmes: Activity and Wellbeing - First Steps and Activity and Wellbeing - Next Steps. The module will help practitioners to consider how they plan, deliver and review physical experiences and opportunities for all children in their settings.



Young Carers: Seen, heard and supported: this module is for all *practitioners* working with children and young people to raise awareness of the challenges faced by those who may be in a caring role and our role and responsibilities to ensure we meet their needs in line with The Carers (Scotland) Act 2016.

Look out for a new module coming very soon: “Understanding the Child’s Plan”

Sowing Seeds – Trauma Informed Practice for anyone working with children and young people



NHS Education for Scotland have worked in partnership with the Scottish Government to produce a second short animation video explaining the impact of trauma upon children and young people. The video explores how practitioners can change how they work to support children and young people who have been affected by trauma in order to make a positive difference. The video can be watched by [clicking here](#).



#CyberScotWeek2020



Cyber Scotland Week 2020 takes place 17th - 23rd February. The Digital Skills Team at Education Scotland are encouraging our youngest learners to take part by supporting practitioners with helpful resource ideas and useful web links. A brand new professional learning online course will also be available this week. Check out the [@DigiLearnScot](https://twitter.com/DigiLearnScot) Twitter account and <https://cyberscotlandweek.scot/> for more information.

Child Protection – Is your policy & practice fit for purpose?



Are you involved in a Community Group or Third Sector Organisation and keen to ensure your Child Protection Policy is appropriate and robust to help keep children safe? Then the Highland Child Protection Committee's Child

Protection Policy and Toolkit for Community Groups and Third Sector Organisations is for you!

The toolkit contains a range of helpful guidance and templates including a Safeguarding self-evaluation tool. The policy and guidance are free to access and can be downloaded from:

www.hcpc.scot or <https://www.careandlearningalliance.co.uk/useful-publications/>

PROJECT LAUNCHED TO TACKLE SEXUAL ABUSE

The 'Upstream Project' by Stop it Now (UK & Ireland) was launched in Scotland in early December. 'Stop it Now UK & Ireland!' is a project solely to tackle child sexual abuse. Their new 'Upstream Project' has been set up in Scotland to provide practical advice to anyone worried about the abuse of a young person and also includes help for anyone "worried about their own thoughts, feelings or behaviour towards children".

Visit the ['STOP IT NOW – Upstream Project'](https://www.stopitnow.org.uk/upstream-project) to learn more.



Report from E Safety Awareness Workshop

CALA recently hosted an informative e-safety awareness workshop for parents, carers and anyone working with young people given by Robert Quigley, Digital Development/Online Safety Officer for Highland Council.

Robert started off by showing us some app logos and asking if we knew them! And if so, what they did. He explained the pros and cons of these highlighting how familiar many young people are with them and how some can appear to be fairly innocuous but underneath are really concerning.



Robert stressed the importance of being aware of what children are accessing and having positive conversations so we can openly discuss some of the dangers. Parents can put settings on children's phones to receive alerts of untoward events or updates so they know to check safe settings are still in place as sometimes updates reset to the potentially insecure default settings.

We can model good on-line practice ourselves for children to copy e.g. making sure our own accounts /profiles are secure, using appropriate language in posts, posting positive messages, raising awareness of the potential impact of negative comments on young people. If using photos, making sure we have consent and thinking before we post – would we mind our granny seeing this? Once it's out there we have very little control over it.



Check out the apps and further information:

<https://www.nspcc.org.uk/keeping-children-safe/online-safety/> includes information on how to talk to children about some of the risks as well as informing you about some of the games / apps available so you can judge their suitability for the age of your child.

<https://www.childnet.com/ufiles/Online-gaming-an-introduction-for-parents-and-carers-2017.pdf> - a useful guide to online gaming

<https://nationalonlinesafety.com/guides> - a number of guides including information about specific apps as well as more general online safety guidance.



HIGHLAND CHILD PROTECTION COMMITTEE

Highland Child Protection Committee
Family Resource Centre
Limetree Avenue
Inverness
IV3 5RH

Telephone Numbers:
01463 732460 (Donna)
01463 732461 (Nancy/CP Health)
01463 732472 (Laura) – Business Support CPC

Training Email: CP.Training@highland.gov.uk



MORAY CHILD PROTECTION COMMITTEE

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The Moray Council, Education and Social
Care,
High Street, Elgin
IV30 1BX

01343 563424
mcpc@moray.gov.uk

USEFUL WEBSITES

Highland Child Protection Committee – Highland policy, procedures and training
<http://hcpc.scot/>

Moray Child Protection Committee – Moray policy, procedures and training
http://www.moray.gov.uk/moray_standard/page_88801.html

Care and Learning Alliance – Relevant information and links for Keeping Children Safe
<https://www.careandlearningalliance.co.uk/guidance-support/child-protection/>

Care and Learning Alliance E Learning Zone – Offering a range of online childcare courses. Learn in your own time, at your own pace
<https://calaelearning.co.uk/>

Child Protection Concern?

Ensure you know and follow the policy and procedure of your setting including contact and availability for your CP designated officer. Remember out of hours contact: Police Scotland (101), Highland Social Work (0845 769 7284), Moray Social Work (03457 565656)

If you have a concern and are seeking further advice or will refer to SW, it will be useful to remember these 5 key questions to ensure you have the right information:

- *What is getting in the way of this child's well-being?*
- *Do I have all the information I need to help this child?*
- *What can I do now to help this child?*
- *What can my agency do to help this child?*
- *What additional help, if any, may be needed from other agencies?*