



Child Protection Bulletin for Keeping Children Safe



Issue 5 June 2019

Welcome to the 5th edition of our Child Protection Bulletin. This is designed to give you some of the recent information and updates in one handy place.

Child Protection Concern?

Ensure you know and follow the policy and procedure of your setting including contact and availability for your CP designated officer. Remember out of hours contact: Police Scotland (101), Highland Social Work (0845 769 7284), Moray Social Work (03457 565656)

If you have a concern and are seeking further advice or will refer to SW, it will be useful to remember these 5 key questions to ensure you have the right information:

- *What is getting in the way of this child's well-being?*
- *Do I have all the information I need to help this child?*
- *What can I do now to help this child?*
- *What can my agency do to help this child?*
- *What additional help, if any, may be needed from other agencies?*



Children's Rights

Under the UN Convention on the Rights of the Child (**UNCRC**) all children have the same rights as adults, irrespective of age, gender or where they live, under the Universal Declaration of Human Rights (UDHR). The UNCRC gives children further rights.

The Children and Young People's Commissioner Scotland has developed a series of useful age appropriate resources to help those working with children to support them to understand their rights. Click on each stage to view the resources available:

[Babies](#)

[3-5 years old](#)

[Children](#)

[Young People](#)



ADVERSE CHILDHOOD EXPERIENCES (ACEs)

As many of you know Adverse Childhood Experiences (ACEs) are stressful events that may occur in childhood. ACEs can involve domestic violence, parental abandonment through separation or divorce, a parent with a mental health condition, being the victim of abuse or neglect (physical, sexual and/or emotional), a member of the household being in prison or growing up in a household in which there are adults experiencing alcohol and drug use problems.

There are clear links between the presence of 'ACEs' in a child's life and their outcomes as adults.

Recent research in Wales has highlighted that those who had experienced 4 or more ACEs compared to those who had no experiences were more likely to go to prison, develop heart disease or other health related issues, have been violent in the previous year or take part in behaviours that are harmful to health including high risk drinking, smoking or drug use.

NHS Scotland have produced the following video that gives further information:

[Click here to view](#)

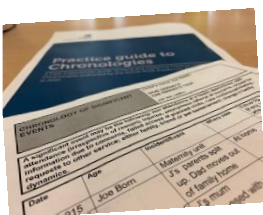
Education Scotland have also produced the following useful guidance for schools and early learning settings:

[Click here to view](#)

Childhood Sexual Exploitation (CSE)

CSE is an issue irrespective of where we live and the Highlands is no exception. At a recent conference hosted by Highland Child Protection Committee, delegates heard directly from a survivor from Rotherham who highlighted that those who seek to exploit, or abuse children are prepared to go to long lengths to achieve their aims. As reported in a recent article in the Press & Journal Detective Inspector Diane Smith urges us all to be more aware of what to look for and how to report our concerns. The full article can be read by [clicking here](#).

For further information and learning visit HCPC's e-module, [click here](#)



What makes a good chronology?

Find out by completing the latest e-module added to the CALA E Learning ZONE - developed in partnership with Highland Child Protection Committee

[Click here to view](#)



The 'Child Protection Guidance and Toolkit for Community Groups and version for Third Sector Organisations has been produced by the Highland Child Protection Committee in Partnership with the third sector reference group Keeping Children Safe. The toolkit provides tools to help support recruitment of staff and volunteers, as well as more detailed guidance on child protection policy and practice to safeguard children. You can download the toolkit from the HCPC website by [clicking here](#).



Getting out and about

Safe Strong and Free have been out and about in the community raising funds, and awareness of keeping children safe recently with their very successful Highland Heroes week.

The [Safe, Strong and Free](#) Highland project works with nursery and primary schools to discuss how children can keep themselves safe using age appropriate tools and language. They focus on issues such as bullying, strangers and secrets.

“Safe Strong and Free believes that every child has the right to grow up safe, strong & free and that preventing sexual assault and exploitation of children is the responsibility of the whole community”

Why not revisit the useful videos, useful information and downloads or on their website? [Click here to access.](#)

Did you know?



The Care Inspectorate policy team publishes a useful weekly bulletin on the key developments concerning children and young people. [Click here to access.](#)



CELCIS is the Centre for Excellence for Children’s Care and Protection, based at the University of Strathclyde in Glasgow. They recently launched a ‘Protecting Children’ microsite on the CELCIS website which provides a wealth of information and guidance to help you protect children. [Click here to access](#)



HIGHLAND CHILD PROTECTION COMMITTEE

The HCPC Support Team are based at the Family Resource Centre in Inverness.

Highland Child Protection Committee
Family Resource Centre
Limetree Avenue
Inverness
IV3 5RH

Telephone Numbers:

01463 732460 (Donna)

01463 732461 (Nancy/CP Health)

01463 732472 (Laura) – Business Support CPC

Training Email: CP.Training@highland.gov.uk



MORAY CHILD PROTECTION COMMITTEE

Moray Child Protection Committee
The Moray Council, Education and Social Care,
High Street, Elgin
IV30 1BX
01343 563424
mcpc@moray.gov.uk

USEFUL WEBSITES

Highland Child Protection Committee – Highland policy, procedures and training

<http://hcpc.scot/>

Moray Child Protection Committee – Moray policy, procedures and training

http://www.moray.gov.uk/moray_standard/page_88801.html

Care and Learning Alliance – Relevant information and links for Keeping Children Safe

<https://www.careandlearningalliance.co.uk/guidance-support/child-protection/>

Care and Learning Alliance E Learning Zone – Offering a range of online childcare courses. Learn in your own time, at your own pace

<https://calaelearning.co.uk/>