

What do you hope your clients will achieve by referral to the Family Counselling Service? Please tick all that apply.

Families are able to communicate more effectively leading to improved family relationships.	
Family members will gain greater insight into their situation and understanding of each others' needs.	
Family members will feel better able to support each other.	
Family members will learn more positive coping strategies leading to a decrease in conflict.	
Family members will have increased awareness of strengths and resources available to them.	
Family members will have increased confidence in managing future difficulties and challenges.	
Family members will be more able to engage in activities associated with daily life.	
Anything else	
Any additional comments you wish to make	

Thank you for taking the time to complete this form.

Relationships Scotland - Family Mediation Highland
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FAMILY MEDIATION HIGHLAND FEASIBILITY STUDY - FAMILY COUNSELLING SERVICE

We are considering extending the range of services we offer to include a Family Counselling Service. The service is aimed at families who are experiencing challenges in their lives and who are struggling to manage these on their own. This service will target Highland families:

- who may not meet the criteria for other support services
- where existing support is primarily focused on the individual and support for other family members is not available.

We would be grateful if you could give us your views on the need for this potential development. Your response will help us to identify need, shape the development and provide evidence for funding applications. We would therefore be very grateful for your feedback.

Background

Relationships Scotland—Family Mediation Highland assists and supports families and individuals through family separation and disruption, and other situations of crisis and conflict. We currently provide mediation and child contact centre services, and also a counselling service for children and young people. Our current services focus largely on families with children and young people under the age of 18. However, we recognise that challenges come at different stages throughout family life and therefore wish to develop services that meet a greater range of needs.

Proposed Development

Families sometimes get into difficulties through their differences with one another, or feel the strain when members experience troubles. Evidence indicates that it can be helpful when families support each other through these difficulties. The new proposal will extend beyond our work with separated families to include a wider range of issues and broader client base. Therapeutic interventions will focus on identifying family strengths and resources to help the family to work towards finding their own solutions.

Thank you for your assistance.

Margret MacRae (Service & Development Manager)

Name	
Job Title, Agency and contact details	

Do you feel that there is a need for a family counselling service in the Inverness area?	
Yes	No
How do you know this?	
Eg enquiries to your service (and anything else that helps us to evidence need)	
What issues are there for families that need to be addressed? Please tick all that apply.	
Life transitions - for example, adolescence, children leaving home, parents growing older	
Parental conflict	
Separation, divorce and family re-structuring	
Loss and bereavement	
Medical conditions	
Mental health	
LGBT issues	
Substance misuse	
Imprisonment (including on remand)	
Change in employment / financial circumstances	
Moving home / homelessness	

Are there any other issues for the families you see?	
Are the needs you have identified being met by existing services?	
Yes	No
If 'Yes', does this service include support for other family members?	
Yes	No
If a family counselling service was available in the Inverness area, would you refer to this service if it is: (please tick all that apply)	
Free of charge?	
Based on a sliding scale of income?	
Based on a set fee (approx. £75 per session, per family)?	
Would not refer	
Any other comments	